



XIX EAEF Conference

**“A Brave New World-Turning
Adversity into Opportunity”**

9th, 10th, 11th June 2021



XIX EAEF Conference
**“A Brave New World-Turning
 Adversity into Opportunity”**
 9th, 10th, 11th June 2021

Register Now!

XIX EAEF Conference
Thanks to our sponsors:

Platinum Sponsor



Gold Sponsors



Gold Sponsors



Silver Sponsors



Silver Sponsors

**Conference “wearable/dedicated
 conference souvenir” Sponsors**



Conference Social Activity Sponsors



Post Conference Activities Sponsor





Dear Colleagues, members & friends,

Firstly, on behalf of all of the board we hope you and your loved ones are all well and are starting to feel as though you can see the light at the end of the tunnel after a year that has been extremely challenging both personally and professionally. Whilst we know there is still a long way to go before we are all back to normal, we hope that the rollout of the vaccine will offer the safety and security we have all been seeking since the pandemic started.

As you will all have heard, because of the continuing pandemic we had no choice but to make this year's conference a virtual event but we truly believe that the spirit of the EAEF and its members will once again prove that collectively, we can turn a challenging situation into one that can produce an incredible amount of energy, positivity and opportunity for the future. With this belief, we felt the conference should support this mind-set and have therefore titled this year's event as 'A Brave New World, turning adversity into opportunity'.

As ever, the board and I would like to warmly invite you to join us at this year's conference. Whilst the format will be different, we believe we will still be able to offer a unique experience that will provide you with the opportunity to hear from fantastic speakers, share ideas & experiences, and to network with colleagues old and new. In doing so, we hope to continue to ensure the EAEF and its members are recognised as thought-leaders in the employee assistance industry.

On a personal note, I would like to take this opportunity to thank all of the board members for their commitment, positivity and friendship over the last year. Everyone has stepped up and met this challenge head on and I couldn't be prouder to be a part of this wonderful group.

We look forward to seeing you all soon.

With very best wishes

Kevin

Conference Programme

Day 1 | June 9th

- ▶ 12.30-12.45pm
Introduction EAEF President
- ▶ 12.45-13.30pm
Keynote speaker **“The future thinks differently!”** (Max Thinius)
- ▶ 13.30-13.45pm
Break
- ▶ 13.45-14.15pm
Breakout groups
- ▶ 14.15-14.45pm
Feedback from breakout groups
- ▶ 14.45-15.00pm
Break
- ▶ 15.00-16.00pm
Panel discussion: **“Interconnectivity: global landscape, similarities and differences”** (EAEF, EAPA and APEAR)
- ▶ 16.00-16.15pm
Break
- ▶ 16.15-16.45pm
Breakout groups
- ▶ 16.45-17.15pm
Feedback from breakout groups
- ▶ 17.15-17.45pm
Networking and social activity

[Register Now!](#)

Day 1 | June 9th

12.30-12.45pm

Introduction EAEF President

12.45-13.30pm

Keynote Speaker: Max Thinius

“The future thinks differently!”

Digitalisation will change our entire everyday life in the next 5-15 years, starting today. Inner cities will look different. Villages, smaller towns and regions have the chance to grow again, because more and more people will want to move to rural regions. We will have better jobs and more time for our families. Agile, cloud-based activities will increase and form new structures, industrial procedures will increasingly be replaced by digital ones. We will build a digital economic and social structure. Even globalisation will be different, digital craftsmen and local digital production will complement or replace industrial processes. Professions of the future in this new world are not only programmers or IT specialists, but also professions such as AI city managers, data brokers, auditors of algorithms, AI-assisted healthcare workers and many more. In this context, it is important to note that we will have to change our thinking, our understanding of the world. Because the analogue industrial world is becoming a digital world. And this has less to do with technology than with structures and long-term changing perspectives and ethical understanding.



Max Thinius

Futurologist and Future Shaper Max Thinius is regarded as Europe's leading futurologist and designer of the future. Besides his work as a consultant for companies, cities, regions and people, he gives many lectures, is a moderator and bestselling author.

Break
13.30-13.45pm

Breakout Groups
13.45-14.15pm

**Feedback from
Breakout Groups**
14.15-14.45pm

Break
14.45-15.00pm



15.00-16.00pm
Panel discussion

“Interconnectivity: global landscape, similarities and differences”



Kevin Vallis

Kevin has worked within the employee assistance industry for over 10 years, working both globally & domestically in the UK across a variety of commercial roles including Account Management, Business Development & as a Commercial Director. He has been a member of the board of the EAEF since 2016, serving his first year as President. Currently he is Senior Director, Strategy for UK & Europe at Lifeworks by Morneau Shepell. Having worked in the industry for a number of years he has witnessed first-hand the impact & value employee assistance can provide to its users and firmly believes it can continue to grow and evolve to ensure its relevance in an ever-changing marketplace.

Gregory DeLapp

Over 41 years of direct alc/drug, EA, HR, community service experience in community-based agency work, internal EA for 33.5 years with a 5,000 employee global specialty materials manufacturer, managed several HR functions in this setting, active member of EAPA since late 1970s, co-founder of the Philadelphia Chapter, EAPA Board member for 10+ years, Past President - EAPA, and CEO of EAPA since January 2016. Working at EAPA in Arlington, Virginia, USA, while living in Wyomissing (Reading), PA. Married (Carol - 41 yrs), sons Paul, Patrick (sp: Vanna), with keen interests in history, photography, WWII aviation, and sports.



Ian Shakespeare

Ian is the President APEAR (Asia Pacific Employee Assistance Roundtable). Up until very recently Ian was CEO of SMG Health (but now as a result of a business acquisition working as a management consultant to assist with the integration of SMG Health into Lifeworks). Both companies have a holistic health management philosophy that focusses on the importance of integrating mental and physical health approaches to employee wellbeing.



Alexandru Manescu

Alexandru has a double bachelor’s and double master’s degree in Clinical Psychology as well as the Management of Healthcare Institutions. He is also a Cognitive-Behavioral psychotherapist and for the past 12 years he has acted as the International Clinical Director of Corporate Counselling Services, driving the company’s clinical services in over 32 countries. His dual expertise of psychology and management has helped him in understanding both individual and organizational needs.



Break
16.00-16.15pm

Breakout Groups
16.15-16.45pm

**Feedback from
Breakout Groups**
16.45-17.15pm



**Network &
Social Activity**
17.15-17.45pm

Conference Programme

Day 2 | June 10th

Morning

- ▶ 11.00-11.10am
Introduction and Welcome
- ▶ 11.10-12.00pm
Panel discussion - **The evolution of the role of Employee Assistance and Employee Wellness**
- ▶ 12.00-12.15pm
Break
- ▶ 12.15-12.45pm
Breakout groups
- ▶ 12.45 -13.15pm
Feedback from breakout groups
- ▶ 13.15- 14.00pm
Break

Afternoon

- ▶ 14.00-14.15pm
Keynote speaker **“Diversity, the largest untapped resource for economic growth”** (Caroline Codsi)
- ▶ 14.15-15.00pm
Painel discution - **The many aspects and faces of Diversity in the workplace**
- ▶ 15.00-15.15pm
Break
- ▶ 15.15-15.45pm
Breakout groups
- ▶ 15.45 -16.15pm
Feedback from breakout groups
- ▶ 16.15-17.00pm
Networking and social activity

Register Now!

Day 2 | June 10th Morning



11.00-11.10pm

Introduction and Welcome

11.10-12.00pm

Panel discussion

The evolution of the role of Employee Assistance and Employee Wellness



Amina Özelsel - Moderator

Amina Özelsel is a psychologist of German-Turkish-American origin, based in Germany. She has worked in the EAP field for more than 10 years (both as an internal and external EAP provider; in university, hospital, as well as corporate settings). Her occupational passions include research, training and hypnotherapy.

Stefan Boëthius

Born 1954 in Helsinki, Finland. Citizen of Sweden & Switzerland, married, 4 children. Master & Ph.D. degree in business. Graduated Jungian Psychoanalyst and accredited Federally Swiss Psychotherapist. Since 2000 his major assignment is with ICAS Switzerland, where he is major shareholder and president of the executive board. Also servicing ICAS Germany, France, Italy, Austria and Luxembourg, Stefan feels that his vocation is to build bridges between psychology and the corporate world.



Dirk Antonissen

Dirk Antonissen is Partner of the Pulso Group, a spin-off of the Leuven University with offices in several European countries. Pulso is a reference company in the field of EAP and innovative evidence-based tools and services for assessing and impacting psychosocial well-being. In 2019, Dirk received the EAPA Global Champion Award, presented to an individual who has demonstrated outstanding initiative and best practices in growing the employee assistance profession anywhere in the world. He may be reached at dirk.antonissen@pulso-europe.eu.





Michele Grow

Michele is the CEO, Health at APM, running a portfolio of companies delivering a wide range of mental health and wellbeing services that support the entire employee life-cycle including prevention, capability development and support services.

APM is the world's leading mission-driven human services organisation delivering services and programs to enable better lives across 10 countries.

Michele has particular expertise in strategic health and wellbeing and workplace risk management including employee wellbeing, mental health, work-related stress, change management and leadership. Michele provides strategic guidance to Boards and Senior Executives on minimising risk across the workforce and maximising the measurable outcomes and benefits from wellbeing services.

Michele is a regular presenter on workplace issues and holds multiple professional memberships including Fellow of the Australian Human Resource Institute, Fellow of the Australian Institute of Management, and Associate Fellow of the Australasian College of Health Service Management, Member of Chief Executive Women, and Member of the Australian Institute of Company Directors. Michele holds tertiary qualifications in Business, Science and Human Resource Management.

Neil Mountford

With 18 years' experience in the EAP industry Neil has worked in a variety of leadership roles spanning both the commercial and operational sides of the business. He is currently Head of International Networks at Optum International. Neil is a former Chair of UK EAPA.



Konstantin von Vietinghoff

Konstantin is a clinical psychologist with an academic career at the University of Brussels, who turned into an organisational and corporate psychologist.

In 1996 he was one of the founders of the European Forum of Health Management in the workplace. At the same time, he became the first non US board member of the EACC, helping with the internationalisation of EAP. From 1987 till 2009 he was the leader of the ICAA Industry section on 'Alcohol and Substance Abuse in the Workplace'.



Break
12.00-12.15pm

Breakout Groups
12.15-12.45pm

**Feedback from
Breakout Groups**
12.45-13.15pm

Break
13.15-14.00pm



Day 2 | June 10th Afternoon

14.00-14.15pm

Keynote speaker - **Caroline Codsi**

“Diversity, the largest untapped resource for economic growth”

Many studies have shown that diverse boards lead to better outcomes for all stakeholders. Moreover, diversity and inclusion within an organization has a direct impact on customers, improving its ability to better understand them and fill their needs.

And yet, a 2018 study of Fortune 500 boards found 22.5 percent of directors were women, and 4.6 percent were “minority women.” Fewer than 1 in 5 of the companies studied had a single woman of color in the boardroom.

While uniting to include would unlock an unprecedented potential for business and society alike, the progress is slow and the initiatives to change this situation are scarce. What should be done to turn the tide? What are the best global practices and initiatives?

As corporate social responsibility is on the rise, diversity and intersectionality should be the new normal in the board rooms to unlock unprecedented economic potential that will benefit our society as a whole.



Caroline Codsi

A passionate and strategic leader, Caroline Codsi has had a successful career in the corporate world of over 25 years including the past decade in VP and SVP roles within major organizations. Caroline founded Women in Governance in 2010, a non-profit with mission to support women’s access to executive roles and board seats through advocacy, major events, mentoring programs, governance training as well as the only Canadian Corporate Parity Certification (soon available in the US), developed with the continuous support of McKinsey&Company since 2016 and also with Mercer’s and Willis Towers Watson’s involvement since 2017.

14.15-15.00pm
Panel discussion

The many aspects and faces of Diversity in the workplace



Yulia Karaseva

Yulia has over 15 years experience in HR consulting and Well-being spheres. She conducted projects across Russia, Kazakhstan, Ukraine, Belarus and in Europe including joint projects with international consulting companies.

A conscientious, forward thinking expert with solid experience in HR-Consulting, Well-Being, EAP, Leadership Assessment and Outplacement. Conducting group sessions, organizing workshops, participating in conferences and developing partnerships with international organizations.

Professional experience in projects for multinational companies across Russia, CIS and Europe, managing projects impacting up 1,000 employees. Key Account Manager for 20 global clients such as Nestle, Philip Morris International, Danone, Renault, Beiersdorf, Red Bull, JTI, Yamaha Motor, Castrol, Statoil, etc.

She is CEO of the Inbalansy company, an author of several publications in business psychological area, facilitator and speaker in conferences

Liliana Dias

Liliana Dias is an entrepreneur, founder and managing partner of Bound - Intelligent Health Capital and has more than 15 years experience within the EAP field. With a double master in Health Psychology and in Human Resources Management and post-graduation studies in management of creativity and innovation. She is deeply engaged in women empowerment projects in the corporate environment, by being a Corporate Ambassador and Certified Group Leader for Driven Woman Network since 2018 in Portugal.



Michel Arsenault

One of Canada's leading experts in transgender issues, Michel Arsenault has been helping organizations around the globe develop an enhanced understanding of, and respect for, transgender people in their workplace for nearly two decades. In May of 2018, Michel was awarded the Leadership Award of Excellence from the Employees Assistance Society of North America (EASNA) in recognition of his work in the area of Gender Diversity in the workplace.

Break
15.00-15.15pm

Breakout Groups
15.15-15.45pm

**Feedback from
Breakout Groups**
15.45-16.15pm



**Network &
Social Activity**
16.15-17.00pm

Conference Programme

Day 3 | June 11th

- ▶ 13.00-13.10pm
Introduction and Welcome
- ▶ 13.10-14:30pm
AGM & Elections
- ▶ 14:30-14:45pm
Break
- ▶ 14:45-15.15pm
Awards Ceremony
- ▶ 15.15-15.45pm
Conference 2022
- ▶ 15:45-16:00pm
Closing remarks

[Register Now!](#)



Day 3 | June 11th

13.00-13.10pm
Introduction and Welcome

AGM & Elections
13.10-14.30pm

Break
14.30-14.45pm

Awards Ceremony
14.45-15.30pm

Conference 2022
14.30-14.45pm

15.45-16.00pm
Closing remarks



XIX EAEF Conference Thanks to our sponsors:

Platinum Sponsor



Gold Sponsors

Silver Sponsors



Silver Sponsors



Silver Sponsors



Conference "wearable/dedicated conference souvenir" Sponsors



Conference Social Activity Sponsors

Post Conference Activities Sponsor



Register Now!